



The SPA

FOR THE FACE

FOR THE BODY

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The SPA

The SPA at Palazzo Versace Macau, encompasses seven sublime Versace-designed treatment suites and Thermal Suites with unique Tresor de la Mer mosaics, offers an exclusive Italian spa product line, designed to treat your inner and outer wellness needs.

A holistic, integrative approach to skin care, formulated exclusively for Palazzo Versace Macau. Our goal is to encourage people to celebrate their uniqueness, putting genuine wellness before abstract ideas of beauty, and to prioritize their health. Herbal infusions and superfoods support the body's inner well-being allowing beauty to truly shine on the outside.

Based on the renowned Mediterranean Diet, which is the foundation of the integrative approach to skin care. Products made from 100% organic raw materials, grown in the protected Pollino National Park in southern Italy, an UNESCO World Heritage site.

FOR THE FACE

Pro-aging

90 Minutes

Mediterranean Pro-Aging Ritual

REGENERATING, LIFTING, FIRMING

This intensive reconditioning treatment is ideal for mature, dehydrated, devitalized skin. Ultra-hydrating, lipid-replenishing, protective and restorative, this facial treatment visibly repairs, restructures and restores the epidermis, while delivering essential nutrients and vitamins to accelerate the skin's natural repair functions. Lifting and drainage massage techniques firm, tone, and brighten skin and boost the repair of damaged skin. The result is face, neck and décolleté that are plumped, toned, smooth, and radiant.

Moisturizing

75 Minutes

Mediterranean Hydrating Ritual

PLUMPING, HYDRATING, SMOOTHING

This treatment heals and hydrates the skin while stimulating and rejuvenating skin cells. Exfoliation smooths skin in order to remove barriers that prevent proper absorption of active ingredients and nutrients. It stimulates the deeper layers of cells and tissue in order to boost collagen, elastin, cell generation, and water levels, while encouraging blood flow to the skin. The treatment reduces the appearance of fine lines and wrinkles, evens out skin tone, smooths and plumps the skin, and restores a healthy glow.

Brightening

75 Minutes

Mediterranean Polishing Ritual

RESURFACING, UNIFORMING, BRIGHTENING

This brightening treatment is designed for skin that is suffering from surface imperfections. Targeting hyper-pigmentation, acne scars, dark spots and discoloration caused by sun damage. It evens out skin's complexion using powerful antioxidants such as Vitamin C and boosting cell-turnover. The treatment involves a combination of masks, enzyme peels, and acid treatments to remove the build-up of dead skin cells. The result is radiant and glowing skin.

Purifying

75 Minutes

Mediterranean Purifying Ritual

DECONGESTING, CLARIFYING, HEALING

A treatment that first detoxes and purifies the skin, and then balances, nourishes and heals it. This decongesting treatment deeply cleanses dull, clogged skin, removing impurities, oils and toxins that have become embedded within pores due to excess sebum, sweat, and exposure to polluted environments. After this treatment, bumpy, rough, dull skin is clarified, smoothed and polished, revealing an even texture and a healthy, bright tone.

Eye-contour

30 Minutes

Mediterranean Eye Contour Refreshing Ritual

DEPUFFING, SMOOTHING, BRIGHTENING

This innovative treatment targets the delicate and fragile eye contour in order to decongest, hydrate, smooth, and brighten. It combines the stimulation of energy points and a gentle draining massage created specifically for this delicate area, with the application of our R4 serum rich in Hyaluronic Acid and active ingredients from Mediterranean plants. It eliminates puffiness, dark circles, under-eye bags, wrinkles and fine lines, and the result is bright, regenerated eyes.

FOR THE BODY

Formulated exclusively for Palazzo Versace Macau

Four-Hand Hammam

60 / 90 Minutes

Four-Hand Mediterranean Hammam Ritual

Mediterranean Hammam Ritual

SUMPTUOUS, REJUVENATING, PROFOUNDLY RELAXING

Experience a reimagined Mediterranean ritual performed by two skilled therapists, expertly blending Mediterranean black soap, sea salt, and crushed olive seeds for a deep cleanse and skin renewal. A nourishing organic herbal elixir completes the experience, culminating in a profound restoration and spiritual uplift.

Hammam

60 / 90 Minutes

with relaxing massage + essential oils treatment

Mediterranean Hammam Ritual

PURIFYING, REGENERATING, REINVIGORATING

A revisited "Italian" version of the classic Turkish Hammam. Savonage is replaced with Mediterranean black soap and, instead of using a Kessa, Mediterranean Sea salt and crushed olive seeds exfoliate skin. An exclusive elixir formulated with organic Mediterranean herbs and plants smooths and nourishes skin.

Sculpting / Toning

90 Minutes

with sculpting massage

Mediterranean Sculpting Rituals

SLIMMING, REDEFINING, FIRMING

Targeted sculpting treatments to restore skin firmness, elasticity and redefine the body contour. These rituals address cellulite and water-retention, leaving skin toned and supple. Sea salt scrubs enriched with Mediterranean medicinal plant essential oils perform full-body exfoliation that is both nourishing and renewing, and prepares the skin for further treatment. A neck, shoulder, and body massage increases micro-circulation, drains swollen or bloated lymph nodes, boosts blood flow and flushes out the fluids that make cellulite more noticeable.

Mediterranean Toning Ritual

60 minutes

FIRMING, ELASTICIZING

A powerful blend of massage and detoxifying products targeted to tighten skin and restore firmness and elasticity. It fights skin sagging and loss of tissue density, thanks to the application of products containing active principles that stimulate the formation of new elastic fibers, helping to prevent skin aging.

Mediterranean Glowing Ritual

60 Minutes

ILLUMINATING, NOURISHING

This treatment will give your whole body a healthy glow and leave your skin feeling silky, smooth and rejuvenated. After a Mediterranean olive oil scrub enriched with a signature blend of herbal extracts from Southern Italy, the body is enveloped in a reinvigorating and detoxifying Juniper & Rosemary mud pack, then wrapped with cellophane to soften, smooth, and brighten the skin. While the mud pack is working, a stimulating face massage, focusing on the energy points of the face, reactivates blood circulation and improves oxygen flow to the tissues. Our signature Mediterranean essence cream, massaged into the skin, leaves skin silky smooth and radiant.

Mediterranean Rapid Restore Ritual

30 Minutes

HYDRATING, RELAXING

The ultimate combination of a relaxing massage and skin-reviving exfoliation, this hydrating, relaxing, and revitalizing body treatment works quickly to restore harmony both physically and mentally. An invigorating scrub polishes rough, dry skin and leaves it smooth and glowing, then a medicinal Mediterranean body cream softens skin, seals in moisture, and leaves you silky smooth. Long-lasting hydration is locked in thanks to a massage with a rich olive oil of basil and thyme extracts.



MASSAGE TREATMENTS

An integral aspect of a 360° wellness approach, massage is not a mere luxury; it is a vital part of complementary and integrative medicine. Not only do our massages reduce stress, pain and muscle tension, they are designed to bring tranquility, inner harmony and wellbeing. Our offering is comprised of various healing and rejuvenating treatment styles dedicated to revitalizing and uplifting your body, mind, and soul.

Jet Lag Recovery

60 / 90 Minutes

A complete, full-body massage that releases stress, anxiety, and fatigue. Massage techniques release the muscle fibers from toxins, increase the blood circulation, and bring the body back into a state of wellbeing. The whole body feels unified, balanced, and connected.

Deep Tissue

60 / 90 Minutes

A technique that focuses on the deeper layers of muscle tissue. Chronic muscle tension is eased by slow pressure on tense, contracted areas. This massage releases stress, eases muscle tension, boosts circulation and improves mobility, as well as muscle and skin tone.

Lymphatic-draining

60 / 90 Minutes

This massage drains excess fluids and releases toxins from the body, improving the blood supply to the skin. Slow and delicate, specifically designed to counteract edema, swelling, and lymphatic build-up. It leaves the body relaxed, toned, and energized, removing puffiness and dark circles under the eyes helping to ease tension headaches.

Upper Body / Lower Body

60 / 90 Minutes

A partial body massage that focuses either on the upper or lower body, ideal for those who practice sports and wish to address a certain area of the body that is particularly overworked. Targeted movements release accumulated tension, loosen tight muscles, and reduce stiffness, removing blockages within the body and increasing blood circulation.

MODERN TRADITIONAL CHINESE THERAPY

Signature Meridian Yin Yang Full Body Therapy

60 / 90 / 120 Minutes

BOOSTS METABOLISM, ELIMINATES DAMPNESS

Drift into a sanctuary of serene bliss with the Meridian Yin Yang Full Body Signature, where the traditional Chinese massage and moxibustion envelops you in holistic tranquility. Gentle acupressure techniques awaken your body's natural rhythms, enhancing circulation and calming the nervous system. The soothing warmth of moxibustion, derived from dried mugwort pack, melts away chronic tension and invites a radiant flow of energy, leaving you deeply relaxed and vibrantly rejuvenated.

Meridian Yin Yang Foot Therapy

60 / 90 Minutes

ENHANCES QI CIRCULATION, WARMS MERIDIANS

Referred to as the “second heart”, the feet host numerous meridians, acupuncture points, and reflexology zones. This ancient practice uses precise pressure techniques to enhance energy flow. Start with a moxibustion foot bath to open pathways and boost circulation, followed by a deep reflexology massage for profound relaxation.

Meridian Yin Yang Shoulder and Back Therapy

45 Minutes

RELEASES TENSION, BOOSTS ENERGY

This acupressure massage focuses on the shoulders and back to relieve accumulated tension, ease tight muscles, and clear energy blockages. Designed to restore balance and promote the flow of chi, this treatment leaves you feeling lighter and more relaxed.

Meridian Yin Yang Head and Scalp Therapy

45 Minutes

IMPROVES SLEEP, PROMOTES RELAXATION

Ease tension headaches and migraines with this calming scalp treatment. A nourishing scalp massage, enriched with a triple-tech peptide serum and traditional herbal extracts like ginseng, angelica, and thuja orientalis, promotes scalp health and induces a sense of calm and tranquility.

Jade Gua Sha Lifting Facial

60 Minutes

ANTI-AGING, REDUCES PUFFINESS

This rejuvenating facial uses Gua Sha jade tools in gentle, upward movement to boost circulation, reduce puffiness, and enhance lymphatic drainage. Targeting the face and jawline, this treatment refines facial contours, leaving your skin radiant and revitalized.

Ultimate Traditional Chinese Therapy

150 Minutes

Immerse yourself in a restorative journey that harmoniously blends ancient wisdom with contemporary relaxation. The experience begins with the presentation of a specially crafted wellness tea, offering initial nourishment for both body and mind. Enjoy full-body Traditional Chinese Massage, employing traditional techniques Tui Na and kneading to unblock meridians and dissolve fatigue. The treatment then incorporates soothing Mugwort therapy, where targeted warmth penetrates acupoints to dispel cold and dampness, enhance circulation, and restore inner vitality and equilibrium.

To conclude your journey, you will be guided to a dedicated TCM wellness journey. Choose one of the following workshops* to deepen your understanding of Traditional Chinese Medicine experience:

- Know Your Body Element Workshop by HKW Health Plus
- OR
- Herbal Wellness Tea Workshop by Chong Kio Farmacia Chinesa Co.

Add on :

- Mugwort Moxa Foot Bath Therapy
- Mugwort Ginger Moxa Therapy on Tension Points
- Mugwort & Motherwort Moxa Therapy for Abdominal Relaxation
- Mugwort & Guizhi Thermal Neck Therapy
- Back Gua Sha

15 Minutes

30 Minutes

*The relevant programs are independently provided by HKW Health Plus and Chong Kio Farmacia Chinesa Co. (hereinafter referred to as “the relevant entities”).

*For any enquiries regarding the programs’ content after participating in the workshop, please consult the relevant entities.

*Grand Lisboa Palace shall not be liable for any medical and/or non-medical advice, products, or services provided by the relevant entities.

*Grand Lisboa Palace shall not be liable for any adverse reactions arising from the use of any medical and/or non-medical products or services provided by the relevant entities.

*GLP refers to SJM Resorts, S.A. (“SJM”), GLP Hospitality Services Limited or other subsidiaries of SJM (“SJM Group”).



WELLNESS TREATMENT

Nourishing Wellness Experience

Enjoy the new “Nourishing Wellness Experience” and let your entire body and face exude an irresistible radiance, infused with the “wellness powers”! Start your first day by experiencing a rejuvenating Hammam Ritual body treatment, nourishing your skin and relaxing your body and mind. On the next day, leave your face with a healthy glow with the Mediterranean Hydrating Ritual.

Day One – 90-Minutes Mediterranean Hammam Ritual

Day Two – 75-Minutes Mediterranean Hydrating Ritual

Detox Sculpting Experience

The “Detox Sculpting Experience” begins with a journey through the Hamman Mediterranean Sculpting Rituals, restoring your skin firmness and elasticity. Then indulge in the Mediterranean Purifying Ritual to remove impurities from your face.

Day One – 90-Minutes Mediterranean Sculpting Ritual

Day Two – 75-Minutes Mediterranean Purifying Ritual

Resonance Revitalization Experience

Experience the calming sounds of Singing Bowl Therapy combined with the stress releasing Jet Lag Recovery treatment. Soothing vibrations alleviate stress and restore mental tranquility, while a professional massage relieves muscle fatigue, leaving you feeling revitalized.

30 – Minutes Singing Bowl Therapy

90 – Minutes Jet Lag Recovery (Full-body)

HOW TO SPA

Opening Hours

The Fitness Studio is open 24 hours daily.

The Swimming Pools are open daily, the outdoor Swimming Pool is open seasonally and closed during winter months, from November to April inclusively.

Health Conditions

When making your spa reservation, kindly advise us of any health conditions, food or medical allergies and injuries, or if you are pregnant, as this may affect the selection of spa treatment.

Arrival Time

We invite you to arrive up to 30 minutes prior to your appointment time, to browse our retail space, change into a luxurious bathrobe, relax and enjoy the breathtaking facilities at The SPA. Please complete the spa consultation card and notify us of any existing medical conditions, for us to make the most appropriate recommendations.

For comfort and ease of treatment journey, we recommend that hotel guests arrive at the spa wearing the robe and slippers provided in the room, and advise that all valuables are left in the safe in the guest room.

Spa Treatments

To fully enjoy the facilities, a minimum treatment time of 60 minutes is required for non-hotel guests, and guaranteed with a credit card.

Gentlemen are advised to shave prior to all facial treatments to ensure that optimum results are achieved.

Thermal Suites And Hammam

The SPA at Palazzo Versace Macau, has breathtaking Versace designed facilities which are separate for male and female guests, and feature the following experiences:

- Crystal steam room
- Sauna
- Shower
- Infrared ice fountain
- Vitality pool
- Relaxation area
- Hammam: due to specific facility protocols and specialist features, the Hammam is for treatment use only, kindly contact the SPA reception for treatment reservations.

Scheduling An Appointment

Our spa team will guide you to the most suitable treatment choice. Treatments may also be booked via the SJM Explore App, email at spapvm@grandlisboapalace.com or online at [grandlisboapalace.com](https://www.grandlisboapalace.com). We recommend advanced booking to ensure your preferred time and treatment is available.

From outside the hotel please call (853) 8881 2500.

Spa Etiquette

Proper footwear and exercise clothing is required in the Fitness Studio.

Please contribute to the serenity by speaking in soft tones and respect the privacy of other guests by refraining from use of devices such as mobile phones or cameras. The SPA and its facilities is strictly a smoke-free zone, please turn off your mobile phone and other personal electronic devices.

Our Thermal Suites are separate for male and female guests. Therefore, the use of swimwear in these areas is optional and according to personal preference.

The SPA provides bathrobes, towels, slippers, shower caps and amenities required for use during your visit. We welcome all guests aged 18 and above for access to, and treatments at The SPA.

Cancellations

We ask that guests provide a minimum of four hours' notice for changes or cancellations, otherwise the full cost of the treatment will be incurred.

Please understand that a late arrival may be result in a reduction of treatment time, as a courtesy to the next guest.

Pregnancy

Not all treatments may be suitable for pregnant or nursing guests. Please allow our SPA team to guide you in selecting which treatments are most suitable for you during this special time.

Prices

All prices are in MOP, subject to 10% Service Charge and 5% Government Tax.

Prices are subject to change without prior notice.

THE HEALTH CLUB AT PALAZZO VERSACE MACAU

Exclusive to guests of Palazzo Versace Macau

Hours Of Operation

The Health Club is open daily.

To ensure your safety, guests are reminded to read the facility's rules and regulations carefully before use, and approach our team members should you need any assistance.

We provide lockers and towels for your use during your Health Club visit. Palazzo Versace Macau signature non-slip slippers are available to purchase at the Health Club reception.

We appreciate your support in our initiatives to reduce waste and to protect the environment.

Personal Training Studio

A tranquil and compact Fitness Studio, is equipped with Technogym® equipment for your personal training needs.

A selection of free-weights, exercise equipment and yoga mats are available.

Personalize your smart-training experiences with targeted routines by an integrated Technogym® coach, providing motivation and guidance to help improve your training and make the most of your workouts.

Connect to mywellness app, to guide you step by step until you reach your workout goals, thanks to personalized training programs and video tutorials which show you how to complete exercises.

Our in-house fitness instructor is available to coach you during one-on-one training sessions, take you through your paces with HIIT sessions, outdoor boot camps, outdoor yoga or to design a customized fitness program.

Swimming Pools

An exceptional setting, Grand Lisboa Palace is one of the only Integrated Resorts in Macau to feature both indoor and outdoor Swimming Pools.

Our 25 meters, temperature controlled indoor swimming pool is adorned with stunning glass and marble mosaic tiles uniquely portraying Versace's "Legend of the Dragon".

Bespoke Versace loungers dot this beautiful facility creating a perfect place to be. Relax with friends as Italian inspired music fills the air, and enjoy the sublime uniqueness of this very special facility.

Poolside butlers are on hand to assist you with your food and beverage requirements.

Enjoy the summer months by the outdoor swimming pool, surrounded by lush French gardens and private poolside cabanas for that ultimate experience.

Poolside loungers are available on a first come first served basis.

Fitness Classes

Resident Personal Trainer

60 Minutes

Whatever your fitness goals, take your workout to the next level with our resident personal trainer, who will help to unlock the results you want and customize workout programs based around your targets.

Power Stretch

30 Minutes

Stretching is a powerful tool that can improve your posture, boost your energy levels and enhance your range of motion. While you stretch, we focus on mindfulness and meditation exercises, which provide your mind with a mental break from modern day stresses.



Wellness Classes

Personalized Yoga

60 Minutes

Personalized Yoga embraces a holistic philosophy, incorporating yoga into every aspect of life that nurtures the body, mind and spirit. This program is tailored to your level and requirements, guiding you to practice postures that are well-suited to your body, focusing on proper alignment to address injuries or postural imbalances. Through this program, you will also learn how to establish a personalized sequence that can be practiced at home, enabling you to integrate these practices more profoundly into your yogic lifestyle, promoting vibrant health on every level.

Mindful Meditation

60 Minutes

Meditation can improve every aspect of your life. It has been proven to reduce tension, lower blood pressure and enhance general health. This program is suitable for daily practice, helping you improve your quality of life during and beyond your stay with us.





The SPA

FOR THE FACE

	DURATION	MOP
Pro-aging Regenerating, Lifting, Firming	90 Minutes	2,100
Moisturizing Plumping, Hydrating, Smoothing	75 Minutes	1,780
Brightening Resurfacing, Uniforming, Brightening	75 Minutes	1,800
Purifying Decongesting, Clarifying, Healing	75 Minutes	1,500
Eye-contour Depuffing, Smoothing, Brightening	30 Minutes	500

FOR THE BODY

	DURATION	MOP
Four-Hand Hammam	60 / 90 Minutes	2,880 / 3,688
Four-Hand Mediterranean Hammam Ritual Sumptuous, Rejuvenating, Profoundly Relaxing		
Hammam with relaxing massage + essential oils treatment	60 / 90 Minutes	1,880 / 2,288
Mediterranean Hammam Ritual Purifying, Regenerating, Reinvigorating		
Sculpting / Toning with sculpting massage	90 Minutes	1,880
Mediterranean Sculpting Rituals Slimming, Redefining, Firming		
Mediterranean Toning Ritual Firming, Elasticizing	60 Minutes	1,680
Mediterranean Glowing Ritual Illuminating, Nourishing	60 Minutes	1,680
Mediterranean Rapid Restore Ritual Hydrating, Relaxing	30 Minutes	1,380

All prices are in MOP, subject to 10% service charge and 5% government tax.



The SPA

MASSAGE TREATMENTS

	DURATION	MOP
Jet Lag Recovery	60 / 90 Minutes	1,680 / 1,880
Deep Tissue	60 / 90 Minutes	1,680 / 1,880
Lymphatic-draining	60 / 90 Minutes	1,680 / 2,288
Upper Body / Lower Body	60 / 90 Minutes	1,680 / 1,880

MODERN TRADITIONAL CHINESE THERAPY

	DURATION	MOP
Signature Meridian Yin Yang Full Body Therapy	60 / 90 / 120 Minutes	1,680 / 1,880 / 2,180
Meridian Yin Yang Foot Therapy	60 / 90 Minutes	1,380 / 1,680
Meridian Yin Yang Shoulder and Back Therapy	45 Minutes	1,380
Meridian Yin Yang Head and Scalp Therapy	45 Minutes	1,380
Jade Gua Sha Lifting Facial	60 Minutes	1,680
Ultimate Traditional Chinese Therapy	150 Minutes	2,380
Add on :		MOP
Mugwort Moxa Foot Bath Therapy	15 Minutes	300
Mugwort Ginger Moxa Therapy on Tension Points		300
Mugwort & Motherwort Moxa Therapy for Abdominal Relaxation		300
Mugwort & Guizhi Thermal Neck Therapy		300
Back Gua Sha	30 Minutes	300



The SPA

WELLNESS TREATMENT

	DURATION	MOP
Nourishing Wellness Experience	Two Day 165 Minutes	4,068
Detox Sculpting Experience	Two Day 165 Minutes	3,380
Resonance Revitalization Experience	120 Minutes	2,980

FITNESS CLASSES

	DURATION	MOP
Resident Personal Trainer	60 Minutes	1,000
Power Stretch	30 Minutes	800

WELLNESS CLASSES

	DURATION	MOP
Personalized Yoga	60 Minutes	1,380
Mindful Meditation	60 Minutes	1,380



The SPA

PRODUCT PRICE LIST

PREVENTION COLLECTION

P1 – Deep Cleansing Facial Scrub Gel / 100ml	968
P2 – Active Moisturizing Highly Protective Day Cream / 50ml	998
P3 – Deep Nourishing Overnight Face Balm / 50ml	1,042
P4 – Botanical Sebum Regulator Gel / 30ml	1,128

MAINTENANCE COLLECTION

M1 – Micellar Dermo-Cleansing Emulgel / 100ml	1,176
M2 – Highly Protective Day Cream / 50ml	1,302
M3 – Overnight Highly Nourishing Cream / 50ml	1,345
M4 – Nourishing Serum for Skin Microbiomes / 30ml	1,488
M5 – Mediterranean organic herbs oil	1,388
M5 – Mediterranean organic herbs oil	4,318
+ D3 – Nano mist diffuser	

INTENSIVE RESTORING COLLECTION

R1 – Gentle Re-Texturing Cleansing Face Balm / 100ml	1,638
R2 – Intensive Moisturizing And Protective Day Cream / 50ml	1,578
R3 – Active Nourishing Derma - Restructuring Overnight Balm / 50ml	1,630
R4 – Skin Stress Relief Mask / 50ml	1,378
R5 – Extreme Restorative Anti-ageing Satin Serum / 30ml	1,563
R6 – Radiance Eye Contour Emulsion/ 30ml	1,142
R7 – Lip Contour Repairing Balm/ 30ml	881
R5 – Extreme Restorative Anti-ageing Satin Serum	5,800
+ D2 – Thermal-vibration Face Massaging Device	
D4 – Y-roller Massager	521



The SPA

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